

Doceo 

EMPOWERED

Application Opens

Monday, 14th July 2025

Date

28th - 29th August, 2025

Sign Up Today!

A 2-Day Programme



In Partnership with:

IBM

WHITE & CASE

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The Doceo Mission

Founded in August 2019 by Stephanie Lartey and Zoë Mabo, we believe that we owe it to the next generation coming up behind us to equip them with the skills they need to become the leaders of tomorrow. To achieve this we aim to instil in our students a work ethic and love of learning that will be with them for life. We know that growth doesn't happen in one place, or with one formula. Growth doesn't happen overnight, it happens over time, it takes dedication, nurturing and a mindset that embraces the process.

We are on a mission to champion continuous growth, to provide every student with opportunities, resources and practical knowledge to determine their own future. Our story has only just begun.



Our Values

The core pillars of Doceo

1

We **Grow** Together



2

We **Succeed** Together



3

We are a **Community**



The EmpowerED Programme Management Team



Pero Ogunkunle

Programme Lead



Steph Lartey

Programme Support



Zoë Mabo

Programme Support

Programme Overview

EmpowerED, created by Doceo, is here to help you thrive! It's a special programme just for teenagers aged 16-18, designed to give you important life skills and help you figure out what you want to do in the future. We're not your typical school programme. EmpowerED is all about fun workshops, cool activities, and meeting real professionals who can show you what it's like to work in different fields.

EmpowerED is here to help you become unstoppable, boss your wellbeing, futureproof yourself and make awesome Connections.

Here's what we have planned for you:

Day One: Law & Tech Insights

Ever wondered what it's like to be a lawyer or work in technology? We'll take you on a journey to meet real lawyers at White & Case LLP and tech experts at IBM. You'll learn about exciting careers and maybe even find your passion!

Day Two: Future Launchpad

Get ready to explore! We'll talk about things like how to grow your mindset, bounce back from tough times, and set goals for yourself. You'll also learn some handy skills for applying to jobs and acing interviews.

Programme Schedule Overview

Day	Date	Time	Location	Programme Section
Day 1	Thursday, Aug 28	10am - 5pm	Law: White & Case LLP, Bank Tech: IBM, Waterloo	Law Insights / Tech Insights
Day 2	Friday, Aug 29	10pm - 5pm	White & Case LLP, Bank	Future LauchPad


Day 1: Law Insight Day

Thursday, 28th August 2025

 **Location:** White & Case LLP, Bank, London




Time	Law Insight Day: White & Case LLP	Content Highlights
9:45am - 10:00am	Arrival & Registration	<i>Check-in and receive materials.</i>
10:00am - 10:30am	Welcome Address & Icebreaker by Doceo team	<i>Introduction to the day, overview of expectations, and an interactive activity to foster connections.</i>
10:30am - 11:15am	Session 1: Introduction to Legal Careers & Global Opportunities - W&C Early Careers	<i>Explore career paths in law, legal specialisms, and opportunities in international legal practice.</i>
11:15am - 11:35am	Break	<i>Take a short break to recharge.</i>
11:35am - 12:35pm	Session 2: Legal Document Mastery & Negotiation Masterclass by Doceo team	<i>Hands-on workshop covering contract drafting, legal document review, and negotiation simulations.</i>
12:35pm - 1:35pm	Session 3: Negotiation practice by Doceo team	<i>Hands-on workshop covering contract drafting, legal document review, and negotiation simulations.</i>
1:35pm - 2:20pm	Lunch	<i>Lunch served with continued networking.</i>
14:20 - 15:20	Session 4: Law & Career Journey Panel	<i>Hear from trainees, lawyers and business service professionals about their career paths and insights.</i>

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Time	Law Insight Day: White & Case LLP	Content Highlights
15:20 - 15:30	Break	Take a short break to recharge.
15:30 - 16:00	Session 5: Legal enterprise challenge workshop	<i>Hands-on workshop covering legal enterprise and commercial awareness skills</i>
16:00 - 16:45	Session 6: Student presentations	<i>Student presentations to practice public speaking on a commercial awareness / legal tech topic</i>
16:45 - 17:00	Wrap-up & Feedback	<i>Summary of key learnings, participant reflections, and closing remarks.</i>


Day 1: Tech Insight Day

Thursday, 28th August 2025

 **Location:** IBM, Waterloo, London




Time	Tech Insight Day: IBM, Waterloo, London	Content Highlights
10:00am - 10:15am	Welcome & Registration	<i>Register and collect materials and receive a warm welcome.</i>
10:15am - 10:30am	Ice Breakers	<i>Engage in a fun ice-breaking activity to foster connections.</i>
10:30am - 11:00am	Session 1: Developing Commercial Awareness & Making the most of Insight Days	<i>Insight into how commercial awareness plays into professional success.</i>
11:00am - 11:30am	Session 2: Understanding Future Career Paths	<i>Learn about the different routes into IBM, and the tech industry.</i>
11:30am - 11:40am	Break	<i>Take a short break to recharge.</i>
11:40am - 12:10pm	Session 3: Insights into IBM	<i>Ever wonder what IBM do on a day to day? You'll find out all about they key technologies and services that IBM offers their clients.</i>
12:10pm - 12:30pm	Session 4: Design Thinking Theory & Challenge	<i>Learning the art of creative problem-solving through the process of design thinking: how to innovate and address complex challenges.</i>

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Time	Tech Insight Day: IBM, Waterloo, London	Content Highlights
12:30pm - 1:30pm	Lunch	<i>Enjoy a refreshing lunch whilst network with peers.</i>
1:30pm - 2:00pm	Session 4: Design Thinking Theory & Challenge	<i>Work in teams to apply empathy, ideation, and rapid prototyping to solve a real-world problem—just like IBMers do.</i>
2:00pm - 2:40pm	Session 5: Experience Deep Dive - Career Pannel	<i>Panel discussion with IBM Employees from across the Business. Find out what they do, how they got to where they are, and gain tips and tricks to succeed in your career.</i>
2:40pm - 3:10pm	Session 6: Insights into AI & Debate	<i>Explore how IBM is using cutting-edge AI technologies and dive into a thought-provoking debate on the ethical implications of making AI widely accessible.</i>
3:10pm - 4:40pm	Session 7: Getting Hands-on with Tech	<i>Time to put some of your tech knowledge to practice! Get a taster of the kind of work you could do at IBM.</i>
4:40pm - 5:00pm	Closing remarks: Summary of key takeaways	<i>Wrapping up and prep for Day 2.</i>

Day 2: Future Launchpad

Friday, 29th August 2025

 **Location:** White & Case LLP, London



Time	Programme Section	Content Highlights
10:00am – 10:10am	Welcome & Registration	<i>Register, collect materials, and receive a warm welcome.</i>
10:10am – 10:30am	Icebreaker & Networking	<i>Get to know fellow participants through a fun and engaging activity.</i>
10:30am – 10:55am	Session 1: Growth Mindset & Goal Setting	<i>Learn how to cultivate a growth mindset and set achievable, actionable goals.</i>
10:55am - 11:05am	Break	<i>A short break to refresh and recharge.</i>
11:05am – 11:30am	Session 2: Learning Styles in the Workplace	<i>Discover how different learning styles can influence workplace success.</i>
11:30am – 12:00pm	Session 3: Mentorship & Networking	<i>Explore the value of mentoring and learn how to build meaningful professional networks.</i>
12:00pm – 12:45pm	Lunch Break	<i>Enjoy lunch and continue informal networking with peers and facilitators.</i>

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Time	Programme Section	Content Highlights
12:45pm – 1:00pm	Icebreaker & Networking	<i>Reconnect after lunch with a short interactive activity.</i>
1:00pm – 1:30pm	Session 4: Finding Your Career Path	<i>Gain insights into diverse career routes and how to align them with your interests.</i>
1:30pm – 2:00pm	Session 5: Job Application Skills	<i>Learn the science behind effective job applications—where to begin, how to craft standout CVs and cover letters, and get live tips from a professional recruiter.</i>
2:20pm – 2:30pm	Break	<i>A short break to refresh and recharge.</i>
2:30pm – 3:00pm	Session 6: Interview Skills	<i>Discover strategies to ace interviews—from making a strong first impression to asking smart questions.</i>
3:00pm – 4:00pm	Session 7: Mock Interviews	<i>Practice interview techniques and receive real-time feedback from professionals.</i>
4:00pm – 4:10pm	Icebreaker & Networking	<i>Take part in a final networking activity to cement new connections.</i>

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Time	Programme Section	Content Highlights
4:10pm - 4:40pm	Session 8: Reverse-Engineering Your Professional Development	<i>Take control of your future by working backwards from your career goals. Identify the skills, experiences, and networks you'll need—and create a clear, actionable plan to get there.</i>
4:40pm - 4:50pm	Q&A	<i>Ask final questions and gain last-minute insights.</i>
4:50pm - 5:00pm	Closing Remarks	<i>Recap key takeaways and close the day on a positive note.</i>

EmpowerED Application

Application Process & Review Criteria





Application Process



Stage 1: Application Submission (14th July - 15th August, 2025)

- Prospective students complete and submit the application form on our website through HubSpot .
- Applications open on the 14th of July and close on the 15th of August 2025.

Stage 2: Application Review and Selection Process

- There are up to 50 spaces on the programme for students to grow and learn. Spaces are allocated on a first come first served basis.
- Applications are reviewed against a review framework, and top scoring candidates will be selected.

Stage 3: Verification and Parental Consent

- All students must have parental consent to take part in the programme.
- A consent form will be emailed directly to your parent/guardian for them to complete by 14th of August 2025
- **Please note:** Submitting your application alone is not enough - your parent/guardian must complete the consent form before the application deadline for you to be considered. Unfortunately, if this isn't done in time, you won't be eligible for selection.

Application Support

We're excited to learn more about you through your application to the EmpowerED Programme. Your unique experiences and aspirations are crucial in shaping a diverse and dynamic cohort. Below, you'll find guidance for each application question, designed to help you express your thoughts effectively. Your application is designed for us to get to know more about you so we can ensure that you get the most out of your experience, so the more detailed the better! Please also bear in mind that spaces on the programme are awarded on a first-come, first served basis.

Guidance for EmpowerED Programme Application Questions

1

What Insight day would you like to participate in?

Please bear in mind that spaces on each Insight day are awarded on a first come first served basis.

Application Support

2

Please can you explain what motivated you to apply for this programme?

(Word Limit: 200 words)

Reflect on your personal interests, goals, and what motivates you.

- Consider how the programme's unique features align with your aspirations.
- Share specific examples of how you believe the programme will enhance your skills and character.
- Think about both personal and professional benefits and express your enthusiasm.

3

What are your career aspirations?

(Word Limit: 200 words)

Share your envisioned future career path and what excites you about it.

- Mention any specific industries, roles, or causes that align with your interests.
- Express how the EmpowerED Programme will contribute to your career goals.
- Keep it concise, focusing on the key aspects of your aspirations.

Application Support

4

Can you recount a specific instance where you demonstrated resilience? How did you navigate through the challenge you faced?

(Word Limit: 200 words)

Recall a specific situation where you exhibited your power of resilience.

- Describe the challenges you faced and how you approached them.
- Highlight the positive outcomes or lessons learned from your experience.

FAQs

1. What specific topics or themes are covered in the EmpowerED workshops?

The EmpowerED workshops cover a wide range of topics related to personal and professional development, including but not limited to communication skills, emotional intelligence, goal setting, resilience, career exploration, and industry insights.

2. What age group of students does the EmpowerED Programme target?

The EmpowerED Programme targets teenagers aged 16-18 who are seeking to enhance their life skills, leadership qualities, and career prospects.

3. What is the duration of the EmpowerED Programme?

The EmpowerED Programme spans two days, with each day dedicated to specific themes and activities. Day One focuses on Law careers, while Day Two focuses on tech careers.

4. Are there any prerequisites for participating in the EmpowerED Programme?

No specific prerequisites are required to participate in the EmpowerED Programme. However, prospective participants are encouraged to have a genuine interest in personal and professional development.

FAQs

5. How are participants selected for the EmpowerED Programme?

Participants are selected based on the completion and submission of the application form. The selection process prioritises early applicants due to the limited number of spaces available. Students who identify as coming from typically underrepresented groups (such as free school meals, female or non-binary, BAME, hotspot areas etc.) are prioritised.

6. Is there a fee associated with participating in the EmpowerED Programme?

No, the EmpowerED Programme is offered free of charge to selected participants. However, participants are responsible for their own transportation to and from the programme venues.

7. Can participants choose which workshops or sessions to attend during the EmpowerED Programme?

Yes! Those for Law insight day will attend Day 1 at White and case; while those for Tech insight day will attend Day 2 at IBM

FAQs

8. How does Doceo select speakers or facilitators for the EmpowerED Programme?

Doceo selects speakers or facilitators based on their expertise, experience, and alignment with the programme objectives. They may consider factors such as professional background and proven ability to engage and inspire young audiences.

9. Are there opportunities for participants to stay connected with Doceo after completing the EmpowerED Programme?

Yes, participants are encouraged to join the Doceo community to stay informed about upcoming events, workshops, and opportunities for further engagement. Alumni networks and online platforms provide avenues for ongoing connection and support.

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